

Prayer for Spiritual Connection

Read min: 11 times then gradually increase
up to 25, 50, 75 or 100 times

Allah huma sallay ala Sayedina Muhammadin
wa ala aale Sayedina Muhammadin

Bismillah hir-Rahmanir-Raheem

**Allahum-maj'al Sayyidana
Muhammadan Sallallaho
alayhe wasallam
roohal-lizatee waj- alnee alaa
gha-ya-tis-subati
wat-tamkeeni warzukni
hubba shaikhi alaa wajhi-hil
Akmal wa antu qaw-weenee
ya illahi bilquwatillatee la
yakhtallu lee ma-ahaa nizamu
tarkeebi badaniwn wa-la aql**

Allah huma sallay ala Sayedina Muhammadin
wa ala aale Sayedina Muhammadin



CARD - 8

لَا إِلَهَ إِلَّا اللَّهُ مُحَمَّدٌ رَسُولُ اللَّهِ فِي كُلِّ لَحْظَةٍ
وَنَفْسٍ عَدَدَ مَا وَسَّعَهُ عِلْمُ اللَّهِ

**La ilaha illallahu Muhammadur Rasulullah fee
kulli lamha-tinw-wa nafassin adada ma
wase-ahoo ilmullah**

Read min: 10, 20, 25, 50, 100 then gradually increase up to 313 times

ALLAH

Read min: 100 times then gradually increase up to 500 or 1000 times

اللَّهُ

La ilaha illallah

Read min: 100 times then gradually increase up to 500 or 1000 times

لَا إِلَهَ إِلَّا اللَّهُ

صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

Sallallaho alayhe wasallam

Read min: 100 times then gradually increase up to 500 or 1000 times

Astagfirullah

Read min: 100 times then gradually increase up to 500 or 1000 times

أَسْتَغْفِرُ اللَّهَ

Prayer for Protection from Whispers of the Shaitan

Read min: 3 times in the morning and evening. If you want to increase
this then read alongside AYATUL KURSI
until the whispers of Shaitan go away

Allah huma sallay ala Sayedina Muhammadin
wa ala aale Sayedina Muhammadin

Bismillah hir-Rahmanir-Raheem

**Ya badee-assamaawaati
wal-ardi bijahi wajhikal
kareemi wa-behaqqe
Sayyidina Muhammadin
Sallallaho alayhe wasallam
alyaika khallis minal- fitani
sirree waqinee sharra
wasaawi-sish-shaitaani
wa-ajirnee min-hu ya
Rahmaanu hatta la ya-koona
lahu alayya sultaan**

Allah huma sallay ala Sayedina Muhammadin
wa ala aale Sayedina Muhammadin

AYATUL KURSI

Read Durood Shareef at the start and at the end, minimum 3 times,
and then gradually increase to 7, 17, 17 times in the morning and
17 times in the evening, up to 70 times

Allah huma sallay ala Sayedina Muhammadin
wa ala aale Sayedina Muhammadin

Bismillah hir-Rahmanir-Raheem

**Allahu laa ilaaha il-lah huwal,
Hayyul- Qayum la ta'khu-zuhu
sina-tunw-wala nawm, lahu
ma fis-samaa-waati wa ma fil-
ard, man zal-lazee yash-fa'oo
indahu illa be- izni-hi, Ya'lamu
ma bayna ay-dee-him wa ma
khalfa hum, wala yuhee toona
be shay'em min ilmihee illa
bema shaa'aa. Waase'a kursi
yuhus samaa waati wal arda,
wa la ya'oodu hu hifzu-huma
wa huwal aley-yul-Azeem.**

Allah huma sallay ala Sayedina Muhammadin
wa ala aale Sayedina Muhammadin